

Jack



“As part of the trial I am using a mobile phone app connected to a pump to deliver insulin instead of a syringe (insulin pen). The pump’s easier to use, it’s more convenient. It’s made the adjustment from not having diabetes to having it so much easier. It’s made my whole treatment for diabetes so much less stressful.”

Naomi and Amelie



“We wanted to get involved because we wanted to find a diagnosis for Amelie, but we now know that whatever she has is extremely rare. Despite this, we can take some sense of joy knowing that babies born in the future with Amelie’s syndrome will benefit. We could fill the gap for someone else.”

Nura and Zak



“We don’t have a word for autism in Somali, which makes a diagnosis hard to understand. I know what families go through as my son Zak was diagnosed when he was two and a half. Through research we have raised awareness and given a voice to Somali families in Bristol who are affected by autism. They are now being listened to and understood, both by their peers and the professionals that support them.”

You can Be Part of Research

Our Be Part of Research service helps you to find out about health and social care research in the UK.

- Learn what health and care research is and what it can involve.
- Search for ethically-approved studies and ask to take part.
- Download information about studies and discuss with your doctor, nurse or healthcare professional.
- Read about the latest research findings.

Visit: www.bepartofresearch.uk

Generation-R Young People's Advisory Groups support the design and delivery of research for children and young people in the UK.

Find out more: www.generationR.org.uk



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BE THE FUTURE OF HEALTH

Be a research volunteer



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Research changes lives

Research can save lives, find new treatments and help children and young people be healthier and happier for longer.

Doctors, nurses and other health and social care professionals learn more by doing research. But this is only possible when people, including children and young people, take part in research studies.

In fact, last year, more than three quarters of a million people took part in health and social care research.

Why take part?

- You may want to improve health and care for everyone, or because someone you care about has an illness.
- If you have an illness or condition, you might be able to try a new treatment.
- You might learn more about your condition.
- Your health may be monitored more if you take part in some studies.
- You will help researchers learn important new information.

Ask your doctor, nurse or healthcare professional about research you can take part in.

The research

(based on a wordsearch by the Generation)

I	K	M	R	E	S	E	A	R	C	H	S
A	U	Q	U	W	X	T	B	Z	G	Q	A
C	C	E	H	I	D	W	X	D	P	W	F
R	W	P	L	A	C	E	B	O	S	O	E
G	G	Z	A	H	B	I	J	V	C	R	T
Z	K	E	I	Y	F	J	Y	Y	Z	J	Y
S	E	F	R	W	M	T	D	P	C	D	D
N	O	F	T	D	S	N	N	V	A	K	B
K	F	E	Y	L	G	F	X	M	O	G	U
D	O	C	T	O	R	M	T	K	C	P	L
R	U	V	I	P	V	E	A	E	C	Y	Q
S	Q	D	H	N	L	O	F	G	J	Q	K
N	F	L	M	B	U	D	R	T	S	C	I
A	M	M	A	G	Z	L	B	S	T	F	L
Q	O	T	C	T	K	R	G	H	J	A	T

Wordsearch

(Generation-R Young People's Advisory Group)

J	Z	B
X	I	K
D	E	Y
N	X	R
H	Y	N
V	O	O
S	B	I
N	O	T
A	E	A
L	I	R
U	M	E
H	B	N
H	T	E
L	I	G
R	H	J

Find the following words:

Placebo

Ethics

Trial

YPAG

Doctor

Generation R

Safety

Tablet

Research

